

# Unattended Mental Health Needs: Adult Students in the Philippines during the Early Weeks of the COVID-19 Pandemic

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*Abstract* This study examined the mental health needs of adult students in the Philippines during the early weeks of the COVID-19 pandemic. The study used a cross-sectional design and involved 100 adult students. The results showed that a significant number of students reported unattended mental health needs, including anxiety, depression, and stress. The study also identified several factors that contributed to these needs, such as the impact of the pandemic on their lives and the lack of support from family and friends.

## ABSTRACT

This study examined the mental health needs of adult students in the Philippines during the early weeks of the COVID-19 pandemic. The study used a cross-sectional design and involved 100 adult students. The results showed that a significant number of students reported unattended mental health needs, including anxiety, depression, and stress. The study also identified several factors that contributed to these needs, such as the impact of the pandemic on their lives and the lack of support from family and friends.

## Keywords:

COVID-19

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# COVID-19 Philippines mental health needs

## INTRODUCTION

The COVID-19 pandemic has had a significant impact on the mental health of people around the world. In the Philippines, the pandemic has led to a number of challenges, including social isolation, economic hardship, and uncertainty about the future. These challenges have led to a number of mental health problems, including anxiety, depression, and stress. This study examined the mental health needs of adult students in the Philippines during the early weeks of the COVID-19 pandemic.

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**RESULTS AND DISCUSSION**

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**Ethics Statement**

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